




Menu P-8 2022-2023



 CHEF'S TABLE <small>WORLD FLAVORS</small>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Mac 'n Cheese with Veggies & Dip <small>served with choice of milk or juice</small> \$6.50	Tex Mex Tacos with Mexican Rice and Corn <small>served with choice of milk or juice</small> \$6.50	Sweet & Sour Chicken, Rice Bowl & Stir Fried Veggies <small>served with choice of milk or juice</small> \$6.50	Spaghetti with Meat Sauce & Caesar Salad <small>served with choice of milk or juice</small> \$6.50	Hamburger & Roasted Potato Wedges <small>served with choice of milk or juice</small> \$6.50
WEEK 2	Baked Goulash with Caesar Salad <small>served with choice of milk or juice</small> \$6.50	Lasagna & Garlic Breadstick <small>served with choice of milk or juice</small> \$6.50	Chicken Quesadilla & Veggies with Dip <small>served with choice of milk or juice</small> \$6.50	Shepherds Pie Bowl with Steamed Carrots <small>served with choice of milk or juice</small> \$6.50	Sweet & Sour Meatballs, Veggies & Rice <small>served with choice of milk or juice</small> \$6.50
Daily Alternate Meal Week 1 and 2	Popcorn Chicken Mashed Potato Bowl & Corn <small>served with choice of milk or juice</small> \$6.50	Grilled Cheese Sandwich & Chicken Noodle Soup <small>served with choice of milk or juice</small> \$6.50	Cheese Pizza Slice & Caesar Salad <small>served with choice of milk or juice</small> \$6.50	Chicken Nuggets, Home Made Wedges & Veggies <small>served with choice of milk or juice</small> \$6.50	Pancakes with Syrup & Fresh Fruit <small>served with choice of milk or juice</small> \$6.50
WEEK 1 DATES			WEEK 2 DATES		
September 6- 8 September 19 - 22 October 3 - 7 October 17 - 21 October 31 - Nov 4 November 14 - 18 Nov 28 - Dec 2	December 12 - 16 December 26 - 30 January 9 - 13 January 23 - 27 February 6 - 10 February 20 - 24 March 6 - 10	March 20 - 24 April 3 - 7 April 17 - 21 May 1 - 5 May 15 - 19 May 29 - June 2 June 12 - 16	September 12 - 16 September 26 - 30 October 10 - 14 October 24 - 28 November 7 - 11 November 21 - 25 December 5 - 9	December 19 - 23 January 2 - 6 January 16 - 20 January 30 - February 3 February 13 - 17 February 27 - March 3 March 13 - 17	March 27 - 31 April 10 - 14 April 24 - 28 May 8 - 12 May 22 - 26 June 5 - 9 June 19 - 23